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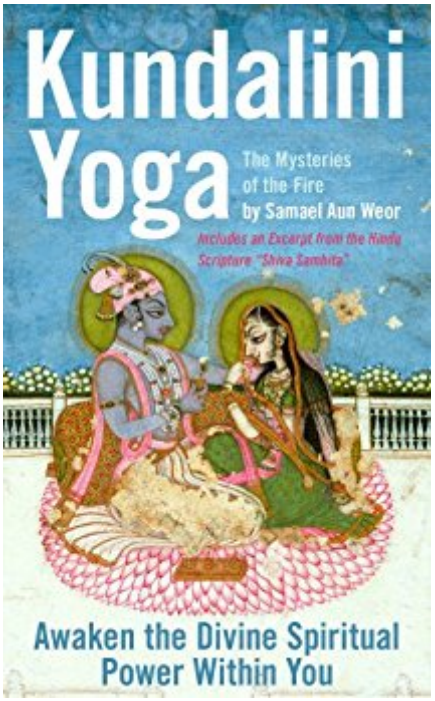
# Kundalini Yoga: Unlock The Divine Spiritual Power Within You

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## Synopsis

For thousands of years, many have wondered at the tales of the mysterious force called the serpent power or the kundalini, yet the method to attain this power has been hidden, misunderstood, or sometimes, intentionally sabotaged. Now, like a refreshing spring breeze, Samael Aun Weor wipes away the dust and reveals the sacred mysteries of our most ancient and holy science. With a firm foundation in scripture and practical knowledge, the method to awaken and develop the root energy of life is made clear and accessible to all. It is no longer necessary to theorize or debate: through the practice of the techniques in this book, one can know. 'You will find terrific secrets within this book, secrets that never in the history of life were published.' - Samael Aun WeorIncludes an excerpt about sexual energy from the important Yoga scripture 'Siva Samhita.'Topics include: The Universal Fire; The Degrees of Power of the Fire; The Two Witnesses; The Yogic Matrimony; The Seven Chakras; The Chakra Muladhara; The Chakra Svadhishthana; The Chakra Manipura; The Chakra Anahata; The Chakra Vishuddha; The Chakra Ajna; The Chakra Sahasrara; The Seven Seals; Internal Meditation; and more.

## Book Information

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## Customer Reviews

For those familiar with the thousands of spiritual books on Kundalini, this work will present itself as a wonderful and provocative challenge. Unlike so many new age treatises upon the subject, this text is based upon thousands of years of religious scripture and practice, indicating that the science of awakening the Kundalini is exact, demanding and precise. This has nothing to do with the numerous proclamations of Kundalini awakening resulting from accident, or that the Kundalini force is potentially dangerous. What you instead find in this work is a very practical, straightforward and inspiring approach to this very misunderstood and misrepresented mystical science.Kundalini Yoga, while having a resurgence in the Western world of spirituality, is unfortunately far from the roots it originated. Samael Aun Weor's text is fresh, invigorating, insightful, and perhaps most of all: scientific. Alongside its esoteric expositions, this book contains a lot of practical tools by which students can access their own internal and mystical direct experience with the Kundalini, free from fear, ambiguity, and confusion. This knowledge is known in Greek as Gnosis, relating to the experiential outcome of defined spiritual practice. Therefore, this book is one hundred percent practical: you do not need to believe in anything in order to actualize its contents.Written in the short and concise lines of a manifesto, this is a small but very profound work, due to its revolutionary practices and contents. I say it is revolutionary because this book contradicts the great multitude of spiritual writings on Kundalini. For those who firmly believe in their own practice and beliefs about Kundalini, this book can come as a great shock, for good or for ill, because of the author's directness.

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